### Effect of Obesity and Troglitazone on Expression of Two Glutathione Peroxidases: Cellular and Extracellular Types in Serum, Kidney and Adipose Tissue

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To determine the effect of obesity on expression of cellular- (C-) and extracellular (EC-) glutathione peroxidase (GPX) in serum, kidney and adipose tissue, we measured GPX in serum, kidneys and adipose tissue of the obese Otsuka-Long-Evans-Tokushima Fatty (OLETF) rat and its lean counterpart (LETO). We also investigated the effect of troglitazone. Five each of OLETF and LETO rats were fed diet with or without 0.2% troglitazone for 10 days. Final body weight, kidney weight, blood glucose and serum tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) level were higher in OLETF rats than in LETO rats. Serum and kidney GPX activities were higher, but adipose tissue GPX activity was lower, in OLETF rats than in LETO rats. Troglitazone treatment decreased adipose tissue GPX activity and abolished overproduction of TNF- $\alpha$  in OLETF rats. Immunoblot analysis, for the first time, revealed that both obesity and troglitazone suppressed the protein signals for C GPX and EC-GPX in adipose tissue. Serum protein carbonyl groups were increased in OLETF rats and troglitazone completely blocked this increase. Increased serum GPX activity in obese rat was due to the increased secretion of EC-GPX from the kidney. Troglitazone protected against the enhanced oxidative stress induced by obesity independently of the serum GPX concentration.

*Keywords:* glutathione peroxidase, gene expression, adipose tissue, free radicals, obesity, peroxisome proliferator-activated receptor

#### INTRODUCTION

Glutathione peroxidase (GPX), an antioxidant enzyme, catalyzes the reduction of organic hydroperoxides and hydrogen peroxide ( $H_2O_2$ ), using reduced glutathione as the substrate. Four types of selenium-dependent GPX have so far been reported; C-GPX (the classical type cellular GPX), EC-GPX (plasma or extracellular GPX) [1], phospholipid hydroperoxide GPX [2], and gastrointestinal GPX [3]. The C-GPX and EC-GPX are homotetramers with a similar catalytic action because of high homology in their active sites [4], and are the two isoforms that can be measured using *t*-butylhydroperoxide as a substrate [5].

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C-GPX occurs in most cells [6], but not in plasma of man [7] and rats [5]. On the other hand, EC-GPX is a secretory-type glycoprotein [1] and represents whole GPX activity in plasma [5]. Kidney is the main source [8], but few other organs, such as lung [9], heart [10], gastrointestinal tract [11], placenta [12], testis [11] and epididymal body [11] express EC-GPX. We have previously demonstrated that GPX activity in kidney homogenate represents the C-GPX protein expression, and that serum GPX activity parallels the EC-GPX protein expression in kidney [5, 13]. Recently, EC-GPX is reported to be expressed abundantly in white adipose tissue of man [14], and rat [15].

Peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription factors that belong to the steroid hormone nuclear receptor superfamily [16]. PPAR- $\gamma$  is expressed primarily in adipose tissues [17–19], and is a master regulator of adipocyte differentiation [19]. Troglitazone, a thiazolidine derivative, is a synthetic ligand of PPAR- $\gamma$  and is a new type anti-diabetic agent which improves insulin sensitivity in hepatocytes, muscle fibers and adipocytes [20]. Adipose tissue is the largest organ in the body. Adipose mass is increased in obesity.

The present study was designed to determine whether EC-GPX secretion from adipose tissue increases in obesity resulting in a significant contribution to the increase in serum GPX activity. We measured GPX in serum, kidneys and aditissue of the Otsuka-Long-Evanspose Tokushima Fatty (OLETF) rat, an animal model of slow-onset non-insulin dependent diabetes mellitus associated with mild obesity [21] and visceral fat accumulation [22], and its lean counterpart. We also investigated the effect of troglitazone on the GPX in serum and adipose tissue.

#### MATERIALS AND METHODS

#### **Animal Treatments**

Troglitazone was a kind gift from SANKYO Co., Tokyo, Japan. Both male OLETF rats and LETO rats were kindly provided by Tokushima Research Institute (Otsuka Pharmaceutical, Tokushima, Japan). The LETO rats are lean controls, which are obtained from the same colonies of Long-Evans rats, and therefore, have the same genetic background as OLETF rats. All animals were maintained in a temperature-controlled room ( $22 \pm 1^{\circ}$ C). They were fed with standard rat Purina chow pellets (Oriental Yeast, Osaka, Japan) and tap water ad libitum until they were subjected to the experiment. Then five each of OLETF and LETO rats were randomly assigned to the two different feeding groups. From 23 week and 3 day of age, OLETF and LETO rats were fed a powder chow (MF powder, Oriental Yeast Co., Tokyo, Japan) with or without 0.2% w/w of troglitazone for 10 days. Rats were sacrificed under pentobarbital anesthesia (50 mg/ kg). For GPX activity assay, kidney was homogenized with 20 volumes (w/v) of 10 mM potassium phosphate/ 0.01% digitonin buffer (pH 7.4). Epididymal fat pad was homogenized with equal volume (w/v) of 50 mM Tris-HCl/ 2 mM EDTA/ 2 mM/ 5 mM 2-mercaptoethanol buffer (pH 7.4). After centrifugation (2000xg, 10 min), fat cake was discarded, and the supernatant was obtained.

Animals received humane care in compliance with the Yamanashi Medical University's guidelines and the National Research Council's criteria for humane care as outline in guide for the Care and Use of Laboratory Animals.

#### RNA Isolation and Reverse-Transcriptase Coupled Polymerase Chain Reaction (RT-PCR) Analysis for GPX

Total RNA was isolated from epididymal fat by the acidic guanidine isocyanate/ phenol/ chloroform extraction method using Ultraspec-II RNA isolation system (Biotecx Laboratories Inc., Houston, TX, USA). Reverse transcription was carried out on 1 µg of the treated RNA using Superscript Preamplification System (Gibco BRL), according to the manufacturer's instruction. PCR reaction was carried out by commercial kit (Takarashuzo Co., Osaka, Japan). Amplification was performed on a Thermal Cycler (Perkin Elmer Corp., Norwalk, CT) under the following conditions; 94°C (5 min) for 1 cycle, 94°C (30 sec), 54°C (1 min), 72°C (1min) for 35 cycles and 72°C (10 min) for 1 cycle. Oligonucleotide PCR primers for C-GPX (forward primer: 5'-GCT GCT CAT TGA GAA TGT CG-3'; reverse primer: 5'-TAG ACT GCT TGG ACA GCA GG-3") and EC-GPX (forward primer: 5'-AAG AGA AGT CCA AGA CAG ACT GC-3'; reverse primer: 5'-ACA GGA TGT CCA TCT TCA CG-3') were designed using Gene Works version 2.4 software (Intelligenetics Inc., Campbell, CA, USA) based on data from Genbank (National Center for Biotechnology Information, NIH, Bethesda, MD, USA) [9, 23]. The PCR amplified products, which correspond to the nucleotide positions 183 to 667 for C-GPX and 207 to 770 for EC-GPX, were confirmed by restriction mapping. Oligonucleotide primers for glyceraldehyde 3phosphate dehydrogenase (GAPDH) (forward primer: 5'-ACC ACC ATG GAG AAG GCT GG-3'; reverse primer: 5'-CTC AGT GTA GCC CAG GAT GC-3') were used as control. The PCR products were visualized by electrophoresis in a 2% agarose gel containing ethidium bromide ( $0.5 \,\mu \,\text{g/ml}$ ).

#### **Immunoblot Analysis**

The mono-specific polyclonal antibodies against rat C-GPX and rat EC-GPX have been described previously [5, 24]. Sodium dodecyl sulfate (SDS)- PAGE was performed by the method of Laemmli [25] using 12.5% slab gels. After electrophoresis, the proteins were transferred onto a polyvinylidene difluoride membrane, incubated overnight at 4°C with either anti-C-GPX or anti-EC-GPX antiserum at a dilution of 1:3000, followed by incubation with anti-rabbit IgG Fab fraction conjugated to horseradish peroxidase (MBL Co., Nagoya, Japan) for 60 min at room temperature. The peroxidase activity was visualized by an ECL western blotting analysis system kit from Amersham Life Science (Arlington Heights, IL).

#### Other Methods

The protein concentration was determined by means of the Bio-Rad protein assay reagent (Bio-Rad, Hercules, CA), using bovine serum albumin as standard, according to the Bradford method [26]. The assay method for GPX activity was described previously [27]. One unit of enzyme was defined as  $\mu$ mol of NADPH oxidized per min per mg protein. Serum protein carbonyl groups (PCG) were estimated by the 2, 4-dinitrophenyl-hydrazine assay, [28] and were expressed as nmol per mg protein. The concentration of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) was assayed by commercial ELISA kit (ENDOGEN, Woburn, MA).

#### RESULTS

#### Final Body Weight, Kidney Weight, Blood Glucose Concentration and Serum TNF-α Concentration

Final body weight and kidney weight were significantly higher in OLETF rats than in LETO rats, whereas troglitazone treatment showed no effect on these parameters (Table I). Similarly, non-fasting blood glucose level was higher in OLETF rats than in LETO rats, and again troglitazone did not affect the blood glucose level. There was no interaction between the effects of strains (OLETF vs. LETO) and troglitazone.

Experimental group	Body weight (g)	Kidney weight (g)	Blood glucose (mg/dl)
LETO			
Non-treated (n=5)	$519.6 \pm 12.0$	$1.23\pm0.05$	$97.4 \pm 6.0$
Troglitazone (n=5)	$514.6\pm3.6$	$1.24\pm0.03$	$111.2\pm2.6$
OLETF			
Non-treated (n=5)	$600.0 \pm 17.7$	$1.65\pm0.06$	$134.0\pm2.8$
Troglitazone (n=5)	$605\ 8\pm14.2$	$1.60\pm0.04$	$139.2\pm16.0$

TABLE I Final body weight, kidney weight and non-fasting blood glucose concentration

Data are means  $\pm$  s.e.m. The left kidney was weighed in each rat. Statistic significance was estimated by two-way factorial ANOVA. Body weight: p<0.001 for strain (OLETF vs. LETO), p=0.59 for troglitazone and p=0.178 for two factor interaction. Kidney weight: p<0.001 for strain, p=0.927 for troglitazone and p=0.389 for two factor interaction. Blood glucose, p=0.001 for strain, p=0.215 for troglitazone and p=0.746 for two factor interaction.

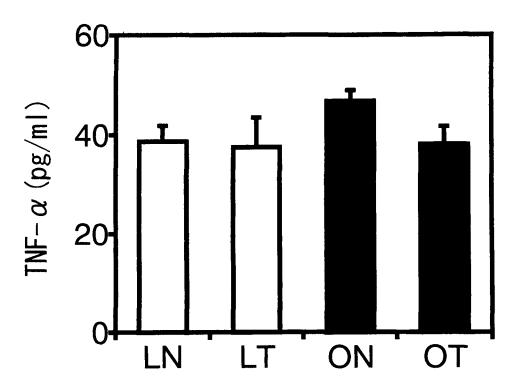


FIGURE 1 Serum level of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ). LN; LETO rats without troglitazone, LT; LETO rats with troglitazone, ON; OLETF rats without troglitazone, OT; OLETF rats with troglitazone (n=5, each). Statistic difference was evaluated by the two-way factorial ANOVA: p = 0.024 for strain, p = 0.013 for troglitazone and p=0.111 for two factor interaction

Serum TNF- $\alpha$  concentration was significantly higher in OLETF rats than in LETO rats. Troglitazone treatment significantly suppressed serum TNF- $\alpha$  level in OLETF rats (Fig. 1). There was no interaction between the effects of strains and troglitazone.

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TABLE II GPX	activities in	various	tissues
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Experimental group	Serum (IU/ml)	Kidney (IU/mg-protein)	Adipose tissue (IU/mg-protein)
LETO			
Non-treated (n=5)	$5.51\pm0.40$	$10.97\pm0.33$	$5.88\pm0.52$
Troglitazone (n=5)	$5.69\pm0.28$	$11.20\pm1.97$	$3.93\pm0.10$
OLETF			
Non-treated (n=5)	$7.12\pm0.97$	$13.81\pm0.32$	$4.08\pm0.33$
Troglitazone (n=5)	$6.76\pm0.65$	$14.24\pm0.58$	$3.23\pm0.23$

Data are means  $\pm$  s.e.m. Serum: p=0.002 for strain, p=0.814 for troglitazone and p=0.464 for two factor interaction. Kidney: p<0.001 for strain, p=0.572 for troglitazone and p=0.859 for two factor interaction. Adipose tissue: p=0.002 for strain, p<0.001 for troglitazone and p=0.115 for two factor interaction.

### Activities of GPX in Serum, Kidney and Adipose Tissue

Both serum and kidney GPX activities were significantly higher in OLETF rats than in LETO rats, but conversely, adipose tissue GPX activity was significantly lower in OLETF rats than in LETO rats (Table II). Troglitazone treatment showed no effect on the activities of serum and kidney GPX, but significantly decreased adipose tissue GPX activity in both LETO and OLETF rats. There was no interaction between the effects of strains and troglitazone in the tissue GPX activities.

## Immunoblot and RT-PCR for C-GPX and EC-GPX

Figure 2 summarizes immunoblot analysis for EC-GPX in serum. The immunoreactive signals for C-GPX were not detected in the sera of all four groups (data not shown), as was reported previously [5].

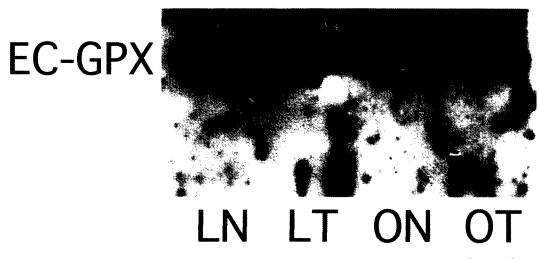


FIGURE 2 Immunoblot analysis of serum EC-GPX. Serum containing 50 µg of protein was loaded on each lane. The exposure time for detection of immunoreactive band in the enhanced chemiluminescence system was 1 min. A specific band was detected at 22.5 kDa level for EC-GPX. The data are representative blot out of 3 observations. The abbreviations are the same as in Fig. 1

C-GPX

# EC-GPX

## LN LT ON OT

FIGURE 3 Immunoblot analysis of adipose tissue C-GPX and EC-GPX. For C-GPX, a sample containing 50 µg of protein was loaded on each lane. The exposure time for detection of immunoreactive C-GPX band in the enhanced chemiluminescence system was 1 min. For EC-GPX, a sample containing 150 µg of protein was loaded on each lane. The exposure time for detection of immunospecific EC-GPX band in the enhanced chemiluminescence system was 15 min. The abbreviations are the same as in Fig. 1

The adipose tissue homogenate contained much more immunoreactivity for C-GPX than that for EC-GPX. The amount of protein loaded on each lane of the electrophoresis gel was 5 times greater for detection of EC-GPX than for detection of C-GPX. The exposure time for visualization of the immunoreactive bands was 15 times longer for EC-GPX than for C-GPX. Figure 3 summarizes immunoblot analysis of adipose tissue C-GPX and EC-GPX. The immunoreactive signal for C-GPX was more intense in LETO rat without troglitazone than in OLETF rat without troglitazone. Troglitazone treatment appeared to suppress the signal for C-GPX in both LETO and OLETF rats. The immunoreactive signal for EC-GPX was close to the minimal detection limit of the present system. The signal for the LETO rat without troglitazone was more intense than those for the rest of groups. Both obesity and troglitazone appeared to suppress the signal for EC-GPX.

The results of RT-PCR are summarized in Figure 4. A single PCR product for C-GPX, and also for EC-GPX, is depicted in each lane, indicating that the two genes were expressed in the adipose tissue of OLETF and LETO rats both in the presence and absence of troglitazone.

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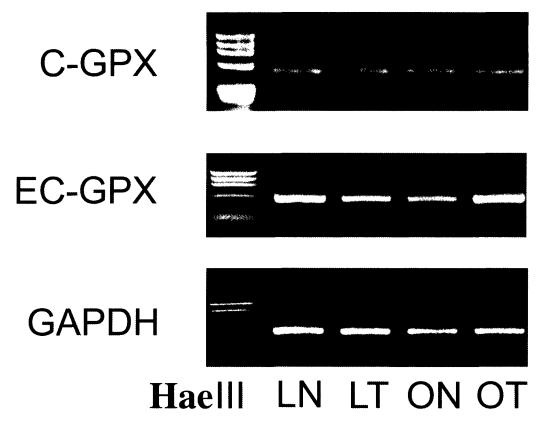


FIGURE 4 Reverse-transcriptase coupled polymerase chain reaction (RT-PCR) analysis of adipose tissue C-GPX and EC-GPX. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) are used as control. The abbreviations are the same as in Fig. 1

#### Protein Carbonyl Groups in Serum

Serum PCG were significantly higher in OLETF than in LETO rats (Fig. 5). The troglitazone treatment completely blocked the increase in PCG level in the OLETF rats.

#### DISCUSSION

The present RT-PCR analysis clearly depicted the presence of RNA message for both C-GPX and EC-GPX in adipose tissue. Previous studies demonstrated the occurrence of GPX activity [29] and the mRNA for C-GPX [30] and EC-GPX [14, 15] in adipose tissue. To our knowledge, the present study, for the first time, revealed that the protein signals for both C-GPX and EC-GPX existed in white adipose tissue of rat. The relative amount of immunoreactive product for EC-GPX remained in adipose tissue was much less than that of C-GPX, judging from the present results of immunoblot analysis. Thus, the GPX activity in adipose tissue homogenate solely represented the activity of C-GPX but not that of EC-GPX. We previously reported the results of immunoblot analysis for C-GPX and EC-GPX in rat kidney homogenate [5]. We found that immunoreactivity for EC-GPX remained in the kidney tissue was much less than that of C-GPX.

In the present study, we confirmed that EC-GPX was expressed in the adipose tissue of rat. Adipose mass is increased in OLETF rat as com-

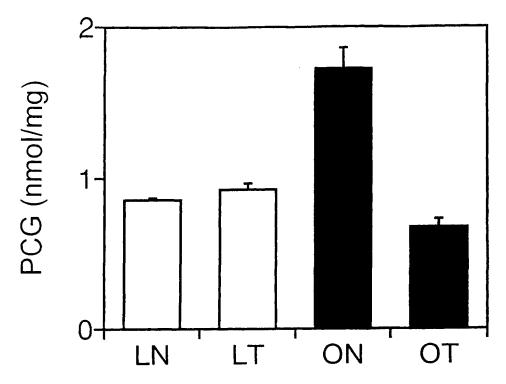


FIGURE 5 Serum concentration of protein carbonyl groups (PCG) (n=5, each). The abbreviations are the same as in Fig. 1. The two-way factorial ANOVA: p = 0.006 for strain, p<0.001 for troglitazone and p<0.001 for two factor interaction

pared to LETO rat [31]. However, decreased expression of EC-GPX in adipose tissue of obese rat, observed here, could offset the effect of increase in adipose mass due to obesity. Furthermore, troglitazone suppressed the expression of EC-GPX in adipose tissue but not in the kidney, and did not affect the serum GPX concentration. Thus, increased serum GPX activity in the obese rat appeared to be due to the increased secretion of EC-GPX from the kidney.

The GPX activity that represented the C-GPX [5] was increased in the kidney of the obese rats, along with the increase in EC-GPX synthesis. On the other hand, both obesity and troglitazone suppressed the expression of C-GPX and EC-GPX in adipose tissue. Thus, the expression of both C-GPX and EC-GPX appeared to be regulated in a parallel manner in the same tissues. We previously reported a similar effect of selenium deficiency on both C-GPX and EC-GPX in rat kidney [5], suggesting the common mechanism of expression regulation for both genes.

However, effect of obesity and troglitazone on the expression of both GPX in the adipose tissue was quite different from that in the kidney. The GPX activity was significantly increased in the kidney of the present OLETF rats. Assuming that kidney C-GPX and EC-GPX were subjected to a similar regulation for expression [5], not only the mass effect but also the enhanced expression of kidney EC-GPX *per se* contributed to the increase in the serum EC-GPX. Kidney GPX activity was also reported to be increased in ob/ob mouse [32, 33] and streptozotocin-induced diabetic rat [34, 35]. No effect of troglitazone on gene expression in kidney was because PPAR- $\gamma$  was not expressed in kidney [19].

Troglitazone activates PPAR-γ in adipose tissue, thereby accelerating adipocyte differentiation. It increases the number of small adipocytes and decreases large adipocytes without changing the total mass of white adipose tissue [36]. High fat diet induces, while fasting and insulindependent diabetes mellitus repress the expression of PPAR- $\gamma$  [37]. However, adipose tissue level of PPAR- $\gamma$  is not found to be increased in gold-thioglucose and ob/ob mice [37], and in simple obesity in man [38]. Human obesity due to an activated mutant of PPAR-γ is characterized by lack of insulin resistance [39]. It is unlikely that the repression of GPX expression in the insulin-resistant diabetic OLETF rat is due to the activation of PPAR-y. Thus, obesity and troglitazone appear to exert independent repressive effect on the adipose tissue GPX expression.

Oxidative stress is increased in sera of obese subjects [40], diabetic man [41, 42] and obese animals [43, 44]. Troglitazone treatment significantly suppresses the enhanced oxidative stress in obese [40] and diabetic man [42]. It also decreases plasma lipid peroxide level in streptozotocininduced diabetic rats [45] and prevents oxidation of low density lipoprotein in healthy volunteers [46]. PCG, which are marker of protein degradation mediated by oxidative stress, were increased due to obesity and troglitazone completely blocked this increase without affecting serum GPX activity in the present study. Thus, troglitazone protects against the enhanced oxidative stress induced by obesity independently of serum EC-GPX level. Troglitazone possesses structural similarity to  $\alpha$ -tocopherol [45] and it exerts antioxidant action [46]. Troglitazone administration reduced adipocyte size in white adipose tissue of Zucker rat, and suppressed TNF- $\alpha$  expression to normal level [36]. Infact, troglitazone abolished TNF- $\alpha$  overproduction in the present OLETF rat. Such beneficial effect of troglitazone on improving obesity-associated imbalance of intra-cellular metabolism in adipocytes may eventually result in the reduction of oxidative stress in the serum of obese animals.

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